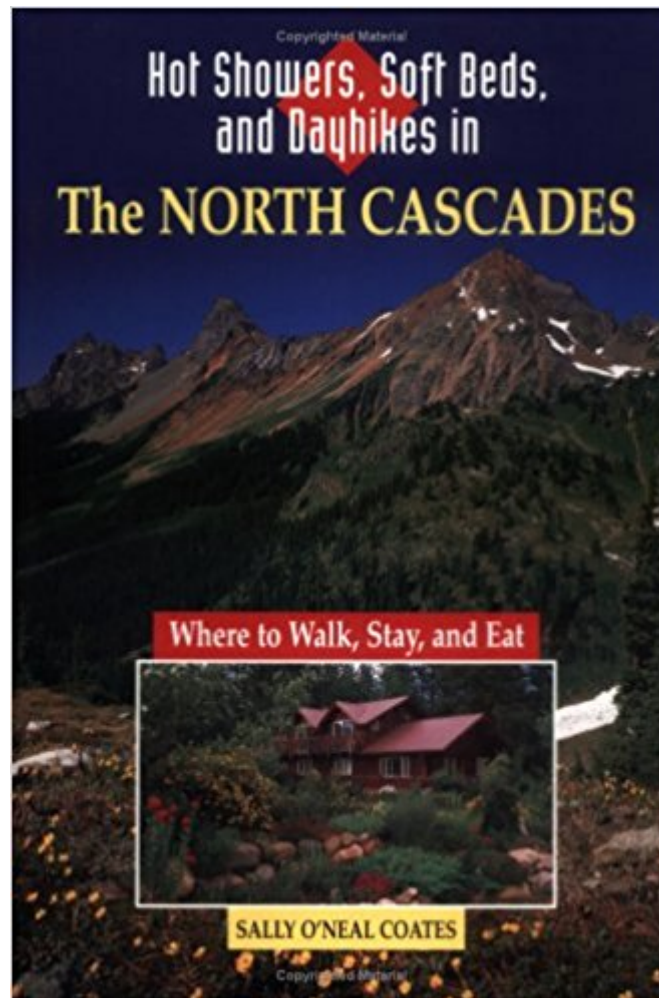




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Hot Showers, Soft Beds, And Dayhikes In The North Cascades



Synopsis

This is the ideal book for hikers who prefer to start the day with a good breakfast and end the day with a hot shower. Sally O'Neal Coates shows you where to trek in this land of waterfalls and snowcapped peaks and where to slumber and feast in rustic cabins or charmed B & Bs. The hikes offer something for every outdoor explorer from short level strolls and nature walks to exhilarating all-day adventures.

Book Information

Series: Hot Showers, Soft Beds, & Dayhikes in the Sierra: Walks &

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Customer Reviews

The author's opinion of the most beautiful hikes in Washington's North Cascades--and how to complete them in style--is the organizing principle behind this unique guidebook. A short introduction explains how to use the book and includes information on trail manners. Each of the nine main sections begins with a detailed map of the area, marked with trailheads, towns, lodgings, and points of interest, followed by an overview of the region, recommended lodging and eateries, and several hiking options. The author does an excellent job of including a wide array of restaurants and accommodations, including a lodging chart that compares prices, amenities, and payment options. So, if you've had it with leaky tents, ever-deflating Therm-a-Rests, and mosquitoes buzzing in your ears all night, it might be time to try this more civilized approach to the outdoors.

The North Cascades in Washington state has some of the most beautiful scenery in the country, much of it accessible on a dayhike. This handy guidebook describes 52 hikes that offer something

for every outdoor explorer, from short strolls and nature walks to 12-mile hikes for an all-day adventure. It's really two guides in one: a guide to the best hikes in the North Cascades, plus a guide to the lodgings and restaurants. Everything necessary to having a great day (or night!) is to be found here including detailed hike descriptions with driving directions and maps, highlights and difficulty ratings for each hike, where to stay (rustic cabins, mountain lodges, charming bed-and-breakfasts); where to eat -- from cafes to fine restaurants. No visit to the North Cascades can be properly prepared for without Sally Coates' Hot Showers, Soft Beds, And Dayhikes In The North Cascades. -- Midwest Book Review

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